SYLLABUS FOR POST BASIC B.Sc NURSING

Section - I

PREAMBLE

Nursing encompasses autonomous and collaborative care of individuals of all ages, families, groups and communities, sick or well and in all settings. Nursing includes the promotion of health, prevention of illness, and the care of ill, disabled and dying people. Advocacy, promotion of a safe environment, research, participation in shaping health policy and in patient and health systems management, and education are also key nursing roles.

The authority for the practice of nursing is based upon a social contract that delineates professional rights and responsibilities as well as mechanisms for public accountability. In almost all countries, nursing practice is defined and governed by law, and entrance to the profession is regulated at national or state level.

The aim of the nursing community worldwide is for its professionals to ensure quality care for all, while maintaining their credentials, code of ethics, standards, and competencies, and continuing their education. There are a number of educational paths to becoming a professional nurse, which vary greatly worldwide, but all involve extensive study of nursing theory and practice and training in clinical skills.

Nurses care for individuals who are healthy and ill, of all ages and cultural backgrounds, and who have physical, emotional, psychological, intellectual, social, and spiritual needs. The profession combines physical science, social science, nursing theory, and technology in caring for those individuals.

The role of the nurse is evolving, as the mode of delivery of health care services has undergone major changes both locally and internationally in the past decades. In line with international trends, we are developing a health care system that provides lifelong holistic care, promotes health, enhances the quality of life and enables human development. The availability of qualified and competent health care professional is the key to the delivery of quality health care services. As nurses play a pivotal role in the promotion, maintenance and restoration of health, we need to develop competent nurses who are able to take up extended and expanded roles in the delivery of primary, secondary and tertiary care. Thus, apart from the roles of a caregiver, the nurse needs to develop competence to take up the roles of health promoter, educator, counselor, care coordinator, case manager, researcher as well as that the students acquires the essential competence that enables them to fulfill these roles competently and ethically.

Philosophy

We believe the philosophy of Indian nursing council:

Health is a state of well-being that enables a person to lead a psychologically, socially and economically productive life. Health is not a privilege but a right of all the people. Individuals, families and communities have a responsibility towards maintaining their health.

Nursing contributes to the health services in a vital and significant way in the health care delivery system. It recognizes national health goals and is committed to participate in the implementation of National Health policies and programmes. It aims at identifying health needs of the people, planning and providing quality care in collaboration with other health professionals and community groups.

Scope of nursing practice encompasses provision of promotive, preventive, curative and rehabilitative aspects of care to people across their life span in wide variety of health care settings. Practice of nursing is based upon application of basic concepts and principles derived from the physical, biological, behavioral sciences.

Nursing is based on values of caring, and aims to help individuals to attain independence in self-care. It necessitates development of compassion and understanding of human behavior among its practitioners to provide care with respect and dignity and protect the rights of individuals & groups. Undergraduate nursing program at the post basic level is a broad based education within an academic framework, which builds upon the skills and competencies acquired at the diploma level. It is specifically directed to the upgrading of critical thinking skills, competencies & standards required for practice of professional nursing and midwifery as envisaged in National Health Policy 2002.

The teachers have the responsibility to be role models and create learning environment that enables students to acquire inquiry driven, self directed learning and foster an attitude of life long learning. Under graduate nursing education program at the post basic level prepares its graduates to become exemplary citizen by adhering to code of ethics and professional conduct at all times in fulfilling personal, social and professional obligations so as to respond to national aspirations.

Aims

The aim of the undergraduate nursing program at the post basic level is to upgrade the diploma (GNM) nurses to:

- assume responsibilities as professional, competent nurses and midwives at basic level in providing promotive, preventive, curative, and rehabilitative services.
- make independent decisions in nursing situations, protect the rights of and facilitate individuals and groups in pursuit of health, function in the hospital, community nursing services, and conduct research studies in the areas of nursing practice. They are also expected to assume the role of teacher, supervisor, and manager in clinical/public health settings.

Objectives

On completion of B.Sc. Nursing (Post-Basic) degree programme the graduates will be able to:

- 1. Assess health status, identify nursing needs, plan, implement and evaluate nursing care for patients/clients that contribute to health of individuals, families and communities.
- 2. Demonstrate competency in techniques of nursing based on concepts and principles from selected areas of nursing, physical, biological and behavioral sciences.
- 3. Participate as members of health team in the promotive, preventive, curative and restorative health care delivery system of the country.
- 4. Demonstrate skills in communication and interpersonal relationship.
- 5. Demonstrate leadership qualities and decision-making abilities in various situations.
- 6. Demonstrate skills in teaching to individuals and groups in community health settings.
- 7. Demonstrate managerial skills in community health settings.
- 8. Practice ethical values in their personal and professional life.
- 9. Participate in research activities and utilize research findings in improving nursing practice.
- 10. Recognize-the need for continued learning for their personal and professional development.

SUBJECT AND TEACHING SCHEDULE

COURSE OF STUDY

S.NO	SUBJECT	HOURS	HOURS
		THEORY	PRACTICAL
	1 Year		
1	Nursing Foundation	45	=
2	Nutrition & dietetics	30	15
3	Biochemistry & Biophysics	60	-
4	Psychology	60	15
5	Maternal Nursing	60	240
6	Child Health Nursing	60	240
7	Microbiology	60	30
8	Medical & Surgical Nursing	90	270
9	English (Qualifying)	60	-
	Total	525	810
Note: Hin	di /Local Language as per the need of institution	1	
	2 nd Year		
10	Sociology	60	-
11	Community Health Nursing	60	240
12	Mental Health Nursing	60	240
13	Introduction to Nursing Education	60	75
14	Introduction to Nursing Administration	60	180
15	Introduction to Nursing Research &	45	120
	Statistics		
16.	Environmental Science	50	-
	Total	395	855

SCHEME OF EXAMINATION

Paper	Subject	Duration	Int.	Ext.	Total
_	-		Asst	Asst	Marks
Theory	1 st Year				
1	Nursing Foundation	2	15	35	50
2	Nutrition & Dietetics	2	15	35	50
3	Biochemistry &Biophysics	3	25	75	100
4	Psychology	3	25	75	100
5	Maternal Nursing	3	25	75	100
6	Child Health Nursing	3	25	75	100
7	Microbiology	3	25	75	100
8	Medical & Surgical Nursing	3	25	75	100
9	English (Qualifying)*	3	25	75	100
	Practical				
1	Medical & Surgical Nursing		50	50	100
2	Maternal Nursing		50	50	100
3	Child Health Nursing		50	50	100
	2 nd Year				
10	Sociology	3	25	75	100
11	Community Health Nursing	3	25	75	100
12	Mental Health Nursing	3	25	75	100
13	Introduction To Nursing Education	3	25	75	100
14	Introduction To Nursing Administration	3	25	75	100
15	Introduction To Nursing Research& Statistics**	2	50	50	100
16.	Environmental science**	2	25	75	100
Practical		•		•	•
1	Community Health Nursing	3	50	50	100
2	Mental Health Nursing	3	50	50	100

Note: * Qualifying Examination

N.B:

- 1. Teaching of Anatomy, Physiology, Pharmacology and Pathology will be integrated with clinical subjects
- 2. A minimum of 80% Attendance in theory and Practical in each subject is essential for appearing in the examination.
- 3. 100% attendance in practical in each clinical area is essential before award of degree.
- 4. 50% of minimum marks in each theory and practical paper separately is required for passing.
- 5. A candidate has to secure minimum of 33% in qualifying subject for passing.

^{**} College Examination (not University Examination)

POST BASIC. B.SC NURSING I YEAR NURSING FOUNDATION

THEORY: 45hrs

COURSE DESCRIPTION:-

This course will help students to develop an understanding of the philosophy,

objectives and responsibilities of nursing as a profession. The purpose of the course is to orient to the current concepts involved in the practice of nursing and developments in the nursing profession.

OBJECTIVES:-

At the end of the course, the students will:

- 1. Identify professional aspects of nursing
- 2. Explain theories of nursing
- 3. Identify ethical aspects of nursing profession
- 4. Utilise steps of nursing process
- 5. Identify the role of the nurse in various levels of health services
- 6. Appreciate the significance or quality assurance in nursing.
- 7. Explain current trends in health and nursing

UNIT NO	HOURS	Learning Objective	COURSE CONTENTS	Teaching learning Activities	Assessment Method
Unit I	6 hrs	Explain concept	Development of Nursing as a	Lecture, discussion	Written Test;
		& scope	profession	, chart,	Objective and Essay
		of nursing	* Its philosophy	slides	
		Describe	* Objectives and responsibilities of a		Type.
		values	graduate nurse		
		code of ethics &	* Trends influencing nursing practice		
		Professio	* Expanded role of the nurse		
		nal conduct	* Development of nursing education		
		for nurses in india	in India and trends in nursing		
			education		
			* Professional organizations, career		
			planning		
			* Code of ethics & Professional		
			conduct for nurse.		
Unit II	12 hrs	Describe	Ethical, legal and other issues in	Lecture,	Written
		the ethical	nursing	discussion , charts,	Test; Objective
		legal	* Concepts of health and illness,	slides &	and Essay
		issues in nursing	effects on the person	Demonstr ations	Type.
			* Stress and adaptation	44 20115	
		Explain concept	* Health care concept and nursing		
		of health	care concept		
		,illness effect on	* Developmental concept, needs, roles		
		the	and problems of the development		
		individual Explain	stages of		
		developm	individual –newborn, infant, toddler,		
		ental concept	pre-adolescent, adolescent, adulthood,		
		,needs &	middle-age, old age.		
		roles of individual			
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Unit III	5hrs	Explain the theory of nursing practice Describe met paradigm of nursing	* Meta paradigm of nursing — characterized by four central concepts i.e. nurse, person (client/patient), health and environment.	Lecture, discussion . Demonstr ation Practice session Clinical Practice	Written Test; Objective and Essay Type.
Unit IV	10 hrs	Explain the concepts ,uses & steps of nursing process	* Assessment: Tools for assessment, methods, recording. * Planning: Techniques for planning care, types of care plans. * Implementation of care, recording. * Evaluation: Tools for evaluation, process of evaluation.	Lecture, discussion Demonstr ation Practice session Clinical Practice	Written Test; Objective and Essay Type.
Unit V	4 hrs	Explain the value of quality assurance in nursing	 Quality assurance: * nursing standards, nursing audit, total quality management. * Role of council and professional bodies in maintenance of standards. 	Lecture, discussion . Demonstr ation ,charts ,slides .	Written Test; Objective and Essay Type.
Unit VI	4 hrs	Explain the current trends in health & nursing	* Primary health care concept: * Community oriented nursing * Holistic nursing, Primary nursing * Family oriented nursing concept, Problem oriented nursing * Progressive patient care * Team nursing	Lecture, discussion	Written Test; Objective and Essay Type.
Unit VII	4 hrs	Explain biomedic al waste managem ent	Biomedical Waste Management	Field Visit, lecture& discussion	Written Test; Objective and Essay Type.

REFERENCES:

- 1. Kozier B, Erb, G & Oliver, R: Fundamentals of Nursing;4th ed. California, Addison Wesley., 1991
- 2. Perry, A.G. & Potter, P.A.: Basic nursing essentials of practice; 5th ed. St. Louis, Mosby, 2003
- 3. Potter, P.A. & Perry, A.G.: Fundamentals of nursing; 5th ed. Mosby Harcott(India) Pvt. Ltd.
- 4. Beverly WitlerDugas: Introduction to patient care; 4th ed., Saunders, 2002
- 5. White, Lois: Foundations of nursing caring for the whole person; U.S.A.
- 6. Delmer Thompson Learning,
- 7. Luckmann, J & Sorensen, K.C.: Basic nursing: a psychophysiologic approach; 3rd
- 8. ed., W. B. Saunders, 2002
- 9. Park, J.E.: Text book of preventive and social medicine; 17th ed., Banarasidas
- 10. Bhanot, 2003

DISTRIBUTION OF TYPE OF QUESTION AND MARKS

FOR THE SUBJECT NURSING FOUNDATION

Questi on No.	Question description	Division of marks	Total marks
1.	Total MCQs:- 5	5 x 1	5
2.	Long Answer Questions (LAQ) (Any1 out of 2)	1 x 10	10
3.	Short Notes (4 out of 6) a) b) c) d) e) f)	4x5	20

- 1. MCQ: Each MCQ carries 1 mark.
- 2. Long Answer Questions: 2 questions will be given out of which, 1 have to be answered.
- 3. Short Notes: 6 questions will be given out of which, 4 have to be answered.

NUTRITION AND DIETETICS

Placement :First Year Time Allotted: Theory -30 hrs.

Practical -25 hrs

COURSE DESCRIPTION

This course is designed to provide the students with a wide knowledge of dietetics in Indian setting, that the practice of teaching optimum and realistic dietary planning can become an integral part of nursing practice.

OBJECTIVES

At the end of the course, the student will

- 1. Explain the principles and practices of nutrition and dietetics.
- 2. Plan therapeutic diets in different settings.
- 3. Identify nutritional needs of different age groups and plan diet accordingly.
- 4. Prepare meals using different methods utilizing cookery rules.

UNIT NO	HOU	IRS	Learning Objective	COURSE CONTENT	Teaching Learning	Assessment
110	T	P	Objective		Activities	
I	8Hrs		Explain the principles of nutrition & dietetics	Introduction to nutrition and dietetics. * Balanced diet, factors on which it depends. * Factors to be considered in planning. * Guides available for planning. * Food hygiene, preparation and preservation * Review of nutrients –micro and macro.	Lecture & Discussion Explain Using chart Panel Discussion	Written Test; Objective and Essay Type.
II	8Hrs	8	Describe & plan various therapeuti c diet for different conditions	Introduction to diet therapy * Routine hospital diets * Therapeutic diet under each unit i.e. cardiovascular diseaded, Gastronitestinal diseases, Renal disorders, endocrine and metabolic disorders, allergy, infectionsand fevers, pre and post operative stage, deficiency diseases and malnutrition, overweight and underweight.	Lecture & Discussion Explain Using chart	Written Test; Objective and Essay Type.

III	8Hrs	7	Describe and plan feeding of infant & children	Infant and child nutrition * Feeding of normal infants: factors to be considered in planning, nutritional requirements. * Feeding of premature infants: factors to be considered in planning, nutritional requirements. * Supplementary feeding of infants: Advantage and method of introduction. * Weaning, effects on mother and child * Psychology of infant and child feeding. * Feed the sick child. Diet in diseases of infancy and childhood. * Deficiency states – malnutrition and under nutrition. * Feeding pre-school child: nutritional needs, factors to be considered in planning diets. Problems in feeding. * School lunch programme: Advantages, Need in India.	Lecture & Discussio n Explain with slide film show Demonstration of assessmen t of nutritional charts	Written Test; Objective and Essay Type.
IV	6Hrs		Describe various communit y nutrition programm e Describe nutritional needs & diet plan for different age groups	Community Nutrition: Need for community nutrition programme. * Nutritional needs for special groups: infant, child, adolescent, pregnant woman, lactating mother and old people. * Substitutes for non-vegetarian foods. * Selection of cheap and nutritious foods. Nutrition education- needs and methods. * Methods of assessing nutritional status of individual/group/community. * Current nutritional problems and national programmes.	Lecture & Discussio n Explain with slide film show Demonstration of assessmen t of nutritional charts	Written Test; Objective and Essay Type.

PRACTICUM

I. Methods of cooking and cookery rules.

- 1. Simple preparation of beverages, soups, cereals and pulses, eggs, vegetables, meat.
- 2. Menu Plans.

II. Preparation of supplementary food for infants.

- 1. Food for toddlers.
- 2. Low cost nutritious dishes for vulnerable groups.
- 3. Dietary case study of patient on special diet and planning of low cost dietary instructions for home adaptations.
- 4. Planning of therapeutic diets.

REFERENCES:

- 1) Clinical dietetics and Nutrition, Antia 4th ed.
- 2) Nutritive value of Indian foods, Gopalan, 1st ed.
- 3) Krause's Food, Nutrition & diet Therapy, Mahan, 11th ed.
- 4) Nutrition & diet therapy, Williams
- 5) Clinical Dietetics & Nutrition, Philip.

DISTRIBUTION OF TYPE OF QUESTION AND MARKS

FOR THE SUBJECT NUTRITION AND DIETETICS

Questi on No.	Question description	Division of marks	Total marks
on No.			
1.	Total MCQs:- 5	5 x 1	5
2.	Long Answer Questions (LAQ)	1 x 10	10
	(Any1 out of 2)		
3.	Short Notes (4 out of 6)	4x5	20
	a) b) c) d) e) f)		

- 1. MCQ: Each MCQ carries 1 mark.
- 2. Long Answer Questions: 2 questions will be given out of which, 1 have to be answered.
- 3. Short Notes: 6 questions will be given out of which, 4 have to be answered.

BIOCHEMISTRY AND BIOPHYSICS

Placement: First Year Time Allotted:

Section A (Biochemistry) – Theory 30 hrs.

Section B (Biophysics) - Theory 30 hrs.

Practical - 30 hrs

COURSE DESCRIPTION:

This course introduces the basic principles of biochemistry and biophysics related to nursing.

OBJECTIVES:

At the end of the course, the student will

- 1. Identify the basic principles of biochemistry and biophysics.
- 2. Synthesize the knowledge of these principles in various nursing situations.

Section A: (Biochemistry)

THEORY: -30 Hrs

UNIT NO	HOURS	Learning Objective	COURSE CONTENTS	Teaching learning Activities	Assessment Method
I	2Hrs	Describe	Introduction:	Lecture,	Written Test;
		basic	Importance of biochemistry in	discussion,	Objective and
		principles of	nursing	,charts,	Essay Type.
		biochemistry	* Study of cell and its various components.	slides	
		Describe the	components.	Demonstra	
		structure &		tion use of	
		functions of cell		microscope	
II	2Hrs	Describe the	Water and Electrolytes:	Lecture,	Written Test;
		water &	Water sources, property and	discussion,	Objective and
		electrolyte	functions in human body.	Charts	Essay Type.
		balance of	* Water and fluid balance.	Slides	
		human body	* Electrolytes of human body,	Explain	
			functions, sources.	using	
				charts,	
				graph	

III	5Hrs	Explain the mechanism of enzymes	* Mechanism of action * Factors affecting enzyme activity * Diagnostic applications * Precautions for handling specimens for enzyme estimation * Digestion and absorption of carbohydrates, proteins and fats * Various factors influencing the digestion and absorption, malabsorption syndrome.	Lecture, discussion Slides Demonstra tion in laboratory	Written Test; Objective and Essay Type.
IV	5Hrs	Explain catabolism of carbohydrate s Explain the storage and utilization of fats & glucose in the body	Carbohydrates: Catabolism of carbohydrates for energy purposes * Mitrochondrial oxidation and oxidation phosphorylation. * Fats of glucose in the body. Storage of glucose in the body, glycogenesis, glycogenolysis and neoglucogenesis, blood glucose and its regulation. * Glucose tolerance test, hyperglycemia, hypoglycemia, glycemia.	Lecture, discussion Charts Slides Demonstra tion of laboratory tests	Written Test; Objective and Essay Type.
V	5Hrs	Explain the metabolism of amino acids & proteins	Protein: Amino acids, hormones. * Essential amino acids. Biosynthesis of protein in the cells * Role of nucleic acid in protein synthesis. * Nitrogenous constituents of urine, blood, their origin –urea cycle, uric acid formation, gout. * Plasma proteins and their functions.	Lecture, discussion Charts Slides Demonstra tion of laboratory tests	Written Test; Objective and Essay Type.

VI	6Hrs	Explain the	Fat:	Lecture,	Written Test;
		metabolism	Biosynthesis of fats and storage of	discussion,	Objective and
		of	fats in the body.	explain	Essay Type.
		fat,importac	* Role of liver in fat metabolishm	using	
		e lipids &	* Biological importance of	charts,grap	
		their	important lipids and their	h	
		functions	functions		
			* Cholesterol and lipoprotein		
			* Sources, occurrence and		
			distribution		
			* Blood level and metabolism		
			* Ketone bodies and utilization.		
			* Inter- relationships in		
			metabolism and cellular control of		
			metabolic processes.		

Section B: (Biophysics)

THEORY: -30 Hrs

UNIT NO	HOURS	Learning Objective	COURSE CONTENTS	Teaching learning Activities	Assessment Method
I	2Hrs	Basic principles of biophysics	Introduction :Concepts of unit and measurements. * Fundamental and derived units. * Units of length, weight, mass, time.	Lecture, discussion, chart slides	Written Test; Objective and Essay Type.
II	2Hrs	Describe the vector & scalar motion	Vector and scalar motion, speed, velocity and acceleration.	Lecture, & discussion	Written Test; Objective and Essay Type.
III	3Hrs	Describe the gravity & v its application in nursing	Gravity: Specific gravity, centre of gravity, principles of gravity. * Effect of gravitational forces on human body. * Application of principles of gravity in nursing.	Lecture, discussion, chart slides experiments	Written Test; Objective and Essay Type.
IV	3Hrs	Describe the force ,work	Force, work, Energy: Their units of measurement.	Lecture, discussion,	Written Test; Objective and

		& energy ,its principle & application in nursing	* Type and transformation of energy, forces of the body, static forces. * Principles of machines, friction and body mechanics. * Simple mechanics – lever and body mechanics, pulley and traction, incline plane, screw. * Application of these principles in nursing.	charts, slides experiments	Essay Type.
V	3Hrs	Describe the heat ,its primciple& application in nursing	Heat: Nature, measurement, transfer of heat * Effects of heat on matter * Relative humidity, specific heat * Temperature scales * Regulation of body temperature * Use of heat for sterilization * Application of these principles in nursing	Lecture, discussion Demonstration	Written Test; Objective and Essay Type.
VI	3Hrs	Describe the light ,its principle & applications in nursing	Light: Laws of reflection * Focusing elements of the eye, defective vision and its correction, use of lenses. * Relationship between energy, frequency and wavelength of light * Biological effects of light. * Use of light in therapy. * Application of these principles in Nursing.	Lecture, discussion Demonstration, carts slides	Written Test; Objective and Essay Type.
VII	3Hrs	Describe the pressure ,its principle & applications in nursing	Pressures: Atmospheric pressure, hydrostatic pressure, osmotic pressure. Measurements of pressures in the body * Arterial and venous blood pressures * Ocular pressure * Intracranial pressure * Applications of these principles in nursing.	Lecture, discussion demonstration charts ,slides	Written Test; Objective and Essay Type.

VIII	2Hrs	Describe the sound ,its principle & applications in nursing	Sound: Frequency, Velocity and intensity * Vocalization and hearing * Use of ultrasound. Noise pollution and its prevention * Application of these principles in nursing.	Lecture, discussion	Written Test; Objective and Essay Type.
IX	5Hrs	Describe the electricity & applications in human body	Electricity and Electromagnetism: Nature of electricity. Voltage, current, resistance and their units. * Flow of electricity in solids, electrolytes, gases and vacuum. * Electricity and human body. * ECG, EEG,EMG, ECT * Pace makers and defibrillation * Magnetism and electricity. * M.R.I Scanning, CAT Scan	Lecture, discussion, demonstration Supervised clinical practice	Written Test; Objective and Essay Type.
X	2Hrs	Describe the atomic energy. its structure, use & applications in nursing	Atomic Energy: Structure of Atom, Isotopes and Isobars. * Radioactivity: Use of radioactive isotopes. * Radiation protection units and limits, instruments used for detection of lionising radiation. X-rays.	Lecture, discussion charts	Written Test; Objective and Essay Type.
XI	2Hrs	Describe the principle of electronic & its applications in nursing	Principles of Electronics: Common electronic equipments used in patient care.	Lecture, discussion Supervised clinical practice	Written Test; Objective and Essay Type

Practicum:

Experiments and Tests should be demonstrated wherever applicable.

REFERENCES:

- 1. Flitter, H.H.(1989): An introduction to physics in nursing; 7th edition Delhi, All India Traveller Book seller. (Original American ed. Pub. by C.V.Mosby, St.Louis).
- 2. Sackheim, S.M.(1962): Practical Physics for nurses; 2nd ed. Philadelphia, W.B. Saunders Co.
- 3. Stearns, H.O.(1962): Fundamentals of physics and Applications; 2nd ed. New York, Macmillan Co.
- 4. 4) T.N.A.I. (1966): Physics and Chemistry; Laboratory Manual for Student Nurses; 3rd ed. New Delhi, T.N.A.I.
- 5. Waters, M.(1958): Elementary physics for Nurses; 6th ed London, Faber and fabor.
- 6. KIGOUR, O.F.G.(1978): An Introduction to the physical aspects of Nursing Sciences; 3rd ed. London, William Heinemann Medical Books Ltd.
- 7. Nordmark, M.t and Rahweder, A.W.(1959): Science Principles in Nursing; Philadelphia, J.B. Lippincott.

DISTRIBUTION OF TYPE OF QUESTION AND MARKS FOR THE SUBJECT BIOCHEMISTRY AND BIOPHYSICS

Question No	Question description	Division of marks	Total marks
1	Total MCQ's 15		
	Biochemistry 1-7	7x 1=7	15
	Biophysics 11-15	5 x 1=5	
	SECTION - A Biochemistry	(30 marks)	
2	Long Answer Questions (LAQ's) (any 1 out of 2)	1 x 10	10
3	Short Notes (Any 4 out 6) a) b) c) d) e) f)	4 x 5	20
	SECTION – B (BIOPHYSIC	S- 30 marks)	
4	Long Answer Questions (LAQ's)	1 x 10	10
	(any 1 out of 2)		
5	Short Notes (Any 4 out 6)	4 x 5	20
	a) b) c) d) e) f)		

- 1. MCQ: Each MCQ carries 1 mark.
- 2. Long Answer Questions :2 questions will be given out of which, 1 has to be answered in Biochemistry& Biophysics separately.
- 3. Short Notes :6 questions will be given out of which,4 have to be answered in Biochemistry& Biophysics separately.

PSYCHOLOGY

Placement :First Year Time Allotted: Theory -60 hrs.

Practical- 15 hrs

COURSE DESCRIPTION

This course is designed to reorient and widen the student's knowledge of fundamentals of psychology. The student is offered an opportunity to apply the theoretical concepts in the clinical setting and thereby understand the psychodynamics of patient behaviour. This course would also help the student to develop and insight into her own behaviour.

OBJECTIVES

At the end of the course, the student will

- 1. Apply psychological principles while performing nursing duties.
- 2. Distinguish the psychological processes during health and sickness.
- 3. Analyze own behaviour patterns.
- 4. Tabulate the psychological needs of the patients for planning nursing care.
- 5. Participate in psychometric assessment of the client.

UNIT NO			Learning Objective	COURSE CONTENTS	Teaching learning	Assessment Method
	T	P	g		Activities	
I	3H rs		Describe the scope & methods of psychology	* Introduction: Definition of psychology, scope and methods of psychology. * Relationship with other subjects.	Lecture & Discussio n	Written Test; Objective and Essay Type
П	6H rs	5	Describe the sensation,at tenson& distinguish between normal & abnormal Simple experiment s Perception measuring thresholds Reaction time	* Sensation, Attention and perception: Definitions * Sensory processes: Normal and abnormal * Attention and distraction: Contributory factors * Characteristics of perception, perception: Normal and abnormal	Lecture & Discussion	Written Test; Objective and Essay Type

IV	6H rs	Describe motivation, its nature Describe Frustration and conflicts Describe emotions & its	* Motivation: Definition and nature of motivation * Biological and social motives * Frustration and conflicts * Self-actualization * Emotions: Definition of emotions, expression and perception * Emotions in sigleness	Lecture & Discussio n Lecture & Discussio	Written Test; Objective and Essay Type Written Test; Objective
V	7H rs	application in sickness Explain the concept of personality & its influence n behavior.	* Personality : Definition , constituents of personality * Personality in sickness and nursing	Lecture & Discussio	Objective and Essay Type Written Test; Objective and Essay Type
VI	5H rs	Describe psychologi cal needs of various ages during their life cycle	* Psychological aspects of nursing * Behaviour and sickness. Psychological needs of Child and adolescents Adult Aged Attendants * Chronically ill individual	Lecture & Discussio n Case Discussio n	Written Test; Objective and Essay Type
VII	4H rs	Describe significanc e of individual differences & its implication s in nursing	* Individual differences * Significance of individual differences. * Heredity and environment * Role of individual differences both in health and sickness. * Implications of individual differences in nursing.	Lecture & Discussio n Demonstr ation Practical sessions	Written Test; Objective and Essay Type
VIII	6H rs	Describe intelligence & abilities during sickness	* Intelligence and Abilities: Definition * Intelligence and abilities during sickness * Measurement of intelligence and abilities.	Lecture & Discussio n Demonstration	Assessment of Practice Written Test; Objective and Essay Type
IX	5H rs	Describe leaning & laws of learning during health & sickness	* Learning: Definition, conditions of learning * Laws of learning * Learning during health and sickness.	Lecture & Discussio n Demonstration	Assessment of Practice Written Test; Objective and Essay Type

X	5H	Describe	* Memory and forgetting: Definition	Lecture &	Written
	rs	memory	and nature of memory	Discussio	Test;
		&	* Memory during health and	n	Objective
		forgetting	sickness.	Demonstr	and Essay
		Describe	* Forgetting during health and	ation	Type
		its	sickness		
		applicatio			
		n during			
		health &			
		sickness			
XI	5H	Describe	* Attitudes: Definition, Development	Lecture &	Written
	rs	attitude &	and modification	Discussio	Test;
		role of	* Role of attitudes in health and	n	Objective
		attitudes in	sickness.		and Essay
		health &			Type
3/11	211	sickness		T 0	
XII	3H	Describe the	* Concept of mental hygiene and	Lecture &	Written
	rs	characterist	mental health	Discussio	Test;
		ics of	* Characteristics of a mentally	n	Objective
		mentally	healthy person.		and Essay
		healthy	* Defense mechanisms.		Type
		person			
		Person			
		Explain			
		ego,			
		defense			
		mechanism			

PRACTICUM

- 1. 1.Simple experiments of(i) perception (ii) measuring thresholds (iii) reaction time.
- 2. Administration of psychological tests
- 3. Observation and recording data: (i) field observation (ii) interview (iii) case study (iv)self –rating.

REFERENCES:

- 1. Bhatia, B.D. and Craig, M: Elements of psychology and mental hygiene for nurses; Chennai: Orient Longman Pvt. Ltd
- ${\it 2. Dandekar, W.N: Fundamentals of experimental psychology; Kolhapur: \\ MoghePrakashan}$
- 3. Hurlock, E.: Developmental psychology; Singapore: Tata McGraw Hill Book Co.,
- 4. McGhee, A: Psychology as applied to nursing; London: Churchill Livingstone
- 5. Morgan, C.T. and King, R.A.: Introduction to psychology; Singapore: McGraw Hill Book Co.,

DISTRIBUTION OF TYPE OF QUESTION AND MARKS

FOR THE SUBJECT PSYCHOLOGY

Question	Question description	Division of marks	Total marks
No.			
1.	Total MCQs:- 15	15 x 1	15
2.	Long Answer Questions (LAQ)	2 x 10	20
	(Any2 out of 3)		
3.	Short Notes (8 out of 10)	8x5	40
	a) b) c) d) e) f) g) h) i) j)		

- 1. MCQ: Each MCQ carries 1 mark.
- 2. Long Answer Questions : 3 questions will be given out of it 2 have to be answered.
- 3. Short Notes: 10 questions will be given out of it 8 have to be answered.

MICROBIOLOGY

PLACEMENT: FIRST YEAR

TIME ALLOTTED: Theory -60 hrs

Practical 30 hrs

COURSE DESCRIPTION

This course reorients the students to the fundamentals of Microbiology and its

various sub-divisions. It provides opportunities to gain skill in handling and use of

microscope for identifying various micro-organisms. It also provides opportunities for

safe handling of materials containing harmful bacteria and methods of destroying

microorganisms.

OBJECTIVES

At the end of the course, the student will

1. Identify common disease producing micro-organisms.

2. Explain the basic principles of microbiology and their significance in health and

disease.

3. Demonstrate skill in handling specimens.

4. Explain various methods of dis-infection and sterilization.

5. Identify the role of the nurse in hospital infection control system.

UNIT	НО	URS	Learning Objective	COURSE	Teaching	Assessment
NO	T	P		CONTENTS	learning Activities	Method
I	5	5	Describe the structure, classification morphology & motility of microbes	* Structure and classification of microbes * Morphological types * Size and form of bacteria * Motility. * Classification of Microorgnisms. Practical: * Use and care of microscope. * Common examination :Smear, blood, mouldes, yeasts.	Lecture, discussion Demonstration	Written Test; Objective and Essay Type.
II	5	5	Identify common disease producing micro-organisms Describe & discuss different laboratory methods to diagnose bacterial diseases	* Identification of Micro- organisms * Discussion of laboratory methods * Diagnosis of bacterial diseases. Practical: * Staining techniques- gram staining, acid fast staining. * Hanging drop preparation.	Lecture, discussion Demonstration	Written Test; Objective and Essay Type.

III	5	5	Describe the growth & nutrition of microbes	* Growth and Nutrition of Microbes * Temperature * Moisture * Blood Practical: * Preparation of Media and culture techniques. * Collection, handling and transportation of various specimens.	Lecture, discussion Demonstration	Written Test; Objective and Essay Type.
IV	10	2	Describe the methods of infection control Identify the different disease producing micro-organisms	* Destruction of Microorganisms. * Sterilization and disinfection * Chemotherapy and antibiotics * Effects of heat and cold * Hospital infection control procedure and role of nurses. Practical: Sterilization methods — physical, chemical and mechanical0	Lecture, discussion Demonstrations	Written Test; Objective and Essay Type.

V	12	4	Describe the different diseases producing microorganiss	* Disease producing micro- organisms * Gram positive bacilli * Tuberculosis and Leprosy * Anaerobes * Cocci * Spirochaete * Rickettsiae Practical: Identification and study of the following bacteria: Streptococci, pneumococci and Staphylococci, Corynebacteria, Spirochetes and gonococci. Enteric bacteria. Posting in infection control department.	Lecture, discussion, Demonstrations Clinical practice	Written Test; Objective and Essay Type.
VI	5		Describe pathogenic fungi, dermatophytes&mycotic infections & its laboratory diagnosis	* Pathogenic Fungi * Dermatophytes * Systemic mycotic infection * Laboratory diagnosis of mycotic infection	Lecture, discussion, Demonstrations Clinical practice	Written Test; Objective and Essay Type.

VII	8	5	Explain the concept of immunity & hypersensitivity & immunization in diseases	* Immunity * Immunity and hypersensitivity —Skin test * Antigen and antibody reaction * Immunization in disease. Practical: Demonstration of serological methods	Lecture, discussion Clinical practice	Written Test; Objective and Essay Type.
VIII	8	4	Describe parasites & vectors, protozoal infections, helminthes & its diagnosis & disease transmission	* Parasites and vectors. * Characteristics and classification of parasites * Protozoal infection including amoebiasis * Helminthes infection * Diagnosis of parasitic infection * Vectors and diseases transmitted by them. Practical: Identification of Parasites and Vectors.	Lecture, discussion Clinical practice	Written Test; Objective and Essay Type.
IX	5		Describe & classify different viruses Explain the causes of diseases by viruses & there control	* Viruses. * Classification and general character of viruses * Diseases caused by viruses in man and animal and their control.	Lecture, discussion Clinical practice	Written Test; Objective and Essay Type.

X	5	Explain food born	* Micro-	Lecture,	Written
		infections & food	organisms	discussion	Test;
		poisoning	transmitted	Clinical	Objective
			through food.	practice	and Essay
			* Food		Type.
			poisoning. Food		
			borne		
			infections.		

Practicum

Each student will practice in the laboratory as indicated in each unit of the courses outline. While giving nursing care in the wards they will practice collection and processing of specimens, prevention and control of hospital infections, sterilization, immunization, chemotherapy and maintenance of personal and environmental hygiene. Observation visit to incinerator, Posting in CSSD and infection control department.

REFERENCES

- 1) Ananthnarayan: Textbook of Microbiology
- 2) Chakravarti: Textbook of Microbiology
- 3) Chattergey K.D.: Text book of Parasitology
- 4) Panikar: Textbook of Parasitology
- 5) Konemen: Textbook of Medical Microbiology
- 6) Marion E. Wilson: Microbiology in Nursing Practice.

DISTRIBUTION OF TYPE OF QUESTIONS AND MARKS FOR THE MICROBIOLOGY

Type of Question	No of Question	Marks for each Question	Total
MCQ	15	1	15
Long Answer Questions	2	10	20
Short Notes	8	5	40
			75

Note:

1. MCQ's: EACH MCQ's Carries One Mark

2. Long Answer Questions : 3 Questions will be given out of it 2 has to be answered

3. Short Notes: 10 Questions will be given out of it 8 has to be answered.

MATERNAL NURSING

Placement :First Year Time Allotted :Theory -60 hrs

Practical - 240 hrs

COURSE DESCRIPTION

This course is designed to widen the student's knowledge of obstetrics during pregnancy, labour and puerperium. It also helps to acquire knowledge and develop skill in rendering optimum nursing care to a child bearing mother in a hospital or community and help in the management of common gynecological problems.

OBJECTIVES

At end of the course, the student will

1. Describe the physiology of pregnancy, labour and puerperium.

2. Manage normal pregnancy, labour and puerperium.

3. Explain the physiology of lactation and advice on management of breast feeding.

4. Be skilled in providing pre and post operative nursing care in obstetric conditions.

5. Identify and manage high risk pregnancy including appropriate referrals.

6. Propagate the concept and motivate acceptance of family planning methods.

7. Teach, guide and supervise auxiliary midwifery personnel.

UNIT NO	HOURS	Learning Objective	COURSE CONTENT	TEACHING LEARNING ACTIVITIES	ASSESSMENT
I	5hrs	Describe the concept of maternal nursing Explain the magnitude of maternal morbidity & mortality rates Describe the legislations related to maternity benefits ,MTP act & family planning	* Introduction and historical review * Planned parenthood * Maternal morbidity and mortality rates * Legislations related to maternity benefits, MTP acts, incentives for family planning etc.,	Lecture & Discussion Assessment of skills with check list	Written Test; Objective and Essay Type.
П	6hrs	Describe the anatomy &physlogy of female reproductive system Explain foetal development	* Review of the anatomy and physiology of female reproductive system. * Female pelvis(normal and contracted) * Review of foetal development.	Lecture & Discussion Explain using models Chart sides Specimen record book	Written Test; Objective and Essay Type
Ш	8hrs	Describe the physiology & management of pregnancy, labour&puerperiu Perform neonatal resuscitation Recognse& manage common neonatal problems	* Physiology and management of pregnany, labour and puerperium * Signs and symptoms and diagnosis of pregnancy * Antenatal care * Pregnant women with HIV/AIDS * Management of common gynaecological problems.	Lecture & Discussion Demonstration Charts slides Assessment of skills with check list	Written Test; Objective and Essay Type.

IV	6hrs	Describe essential newborn care Describe the management of high risk newborn	* The New born baby * Care of the baby at birth including resuscitation * Essential Newborn Care * Feeding * Jaundice and infection * Small and large for date babies * Intensive care of the new born * Trauma and haemorrhage.	Lecture & Discussion Demonstration Charts slides Assessment of skills with check list	Written Test; Objective and Essay Type. Assessment of skills with check list Assessment of patient management
V	5hrs	Describe management of abnormal pregnancy labour&puerperiu Identify & manage high risk pregnancy &puerperium	* Management of abnormal pregnancy, labour and puerperium * Abortion, ectopic pregnancy and vesicular mole. * Pregnancy induced hypertension, gestational diabetes, anaemia, heart disease. * Urinary infections, Antepartum hemorrhage * Abnormal labour (malposition and malpresentation) * Uterine inertia * Disorders or puerperium * Management of engorged breast, cracked nipples, breast abscess and mastitis	Lecture & Discussion Demonstration Charts slides Assessment of skills with check list	Written Test; Objective and Essay Type.

VI	10hrs	Explain effect of drugs during	* Pueperal sepsis * Post partum haemorrhage * Inversion and prolapse of uterus, obstetrical emergencies * Obstetrical operations i.e. forceps, vacuum, episiotomy, caesarean section. * Drugs in obstetrics * Effects of drugs	Lecture & Discussion Drug book	Written Test; Objective and
		pregnancy, labour&puerperium	during pregnancy,	Drug book	Essay Type.
		o mother &baby	labour and		
			puerperium on mother and baby.		
VII	3hrs	Explain the concept	* National	Lecture &	Written Test;
		f national family welfare programs	Welfare programmes for	Discussion Chart	Objective and
		for women &	women	slides	Essay Type.
		national family	* National Family		
		welfare program	welfare		
			programme		
			* Infertile family * Problems		
			associated with		
			unwated		
			pregnancy * Unwed mothers.		

PRACTICUM

- 1. The students will
- a. Be posted in antenatal clinic, antenatal ward, labour room, postnatal ward, maternity
 OT, MTP room.
- b. Visit welfare agencies for women and write observation report.
- c. Follow nursing process in providing care to 3-6 patients.
- d. Write at least two nursing care studies and do a presentation
- e. Give at least one planned health teaching to a group of mothers.

- 2. Practice following nursing procedures.
- a. Antenatal and post natal examination, per vaginal exam.
- b. Conduct normal delivery, stitching of episiotomy, (For male candidates minimum conduct of 5 deliveries)
- c. Motivation of family for adopting family planning methods.
- d. Motivate family for planned parenthood.
- e. Assist in various diagnostic and therapeutic procedures including IUD insertion and removal.

REFERENCES

- 1. Myles Text Book of Midwives ,Eds; Diane M. Fraser and Margaret A. Cooper 14th Ed , Churchill Livingstone.
- D.C. Dutta Text Book of Obstetrics including Perinatology and Contraception 6th
 Edition, 2004 New Central Book Agency.
- 3. Hawkins and Bourne ,Shaws Textbook of Gynaecology, Eds; V.G Padubidri and Shirish N Daftary, 13th ed, Reed ElseiverIndia.
- 4. S SRatnam, K BhaskerRao and S Arulkumaran, Obstetrics and Gynaecology for Postgraduates ,Vol 1 and Vol 2, Orient Longman Ltd 1994
- lower milk, perry, Bobak:"Maternity and women's Health Care" 6th ed.; 1997.
 C.V Mosby.
- 6. C.S.Dawn: Textbook for obstretics& neonatology 12th edition.

DISTRIBUTION OF TYPE OF QUESTION AND MARKS

FOR THE SUBJECT MATERNAL NURSING

Questio	Question description	Division of	Total marks
n No.		marks	
1.	Total MCQs:- 15	15 x 1	15
2.	Long Answer Questions (LAQ)	2 x 10	20
	(Any2 out of 3)		
3.	Short Notes (8 out of 10)	8x5	40
	a) b) c) d) e) f) g) h) i) j)		

- 1. MCQ: Each MCQ carries 1 mark.
- 2. Long Answer Questions: 3 questions will be given out of which, 2 have to be answered.
- 3. Short Notes: 10 questions will be given out of which, 8 have to be answered.

CHILD HEALTH NURSING

Placement :First Year Time Allotted :Theory -60 hrs

Practical - 240 hrs

COURSE DESCRIPTION

This course is aimed at developing an understanding of the modern approach to child care, the common health problems of children and neonates in health and sickness.

OBJECTIVES

At the end of the course, the student will

- Explain the modern concept of child care and the principles of child health nursing.
- 2. Describe the normal growth and development of children at different ages.
- 3. Manage sick as well as healthy neonates and children.
- 4. Identity various aspects of preventive pediatric nursing and apply them in providing nursing care to children in hospital and community.

UNIT NO	HOURS	Learning Objective	COURSE CONTENT	Teaching Learning Methods	Evaluation
I	8Hrs	Describe the historical development philosophy & principles in nursing	Introduction * Modern concept of child care * Internationally accepted rights of the child * National policy and legislations in relation to child health and welfare. * National programmes related to child health and welfare. * Changing trends in hospital care, preventive, promotive and curative aspects of child health. * Child morbidity and mortality rates. * Differences between an adult and child. * Hospital environment for a sick	Lecture, discussion, Demonstration of common pediatric procedure Assessment of skills with checklist	Written Test; Objective and Essay Type.

			child. * The role of a paediatric nursing in caring for a hospitalized child * Principles of pre and post operative care of infants and children. * Paediatric nursing procedures.		
II	12Hrs	Describe the normal growth & development f children at different ages Identify the needs of children at different ages & provide parental guidance	The healthy child * Growth and development form birth to adolescence * The needs of normal children through the stages of development and parental guidance. * Nutritional needs of children and infants breast-feeding, supplementary/artificialfeeding and weaning. * Accidents, causes and prevention * Value of play and selection of play material * Preventive immunization.	Lecture, discussion, Demonstrations Developmental study of infant and children Observation on study of normal and sick child	Written Test; Objective and Essay Type.
III	4Hrs	Provide care to normal & low birth baby Perform neonatal resuscitation recognize and manage common neonatal problems	Nursing care of a neonate * Nursing care of a normal newborn * Neonatal resuscitation * Nursing management of a low birth weight baby. * Nursing management of common neonatal disorders. * Organization of neonatal unit. Prevention of infections in the nursery.	Lecture, discussion, Demonstrations Workshop on neonatal resuscitation Demonstration Practice Assessment of skills with check list	Written Test; Objective and Essay Type.
IV	32Hrs	Provide nursing care in common childhood diseases Identify measures to prevent common childhood	Nursing management in common childhood diseases * Nutritional disorders and infections * Respiratory disorders and infections * Gastrointestinal infections, infestations and congenital disorders. * Cardio vascular problemcongenital defects and rheumatic	Lecture, discussion, Demonstrations Practice sesson Clinical practice	Written Test; Objective and Essay Type.

		diseases	fever.		
		including	* Genito-urinary disorder –		
		immunization	Nephrotic syndrome, wilms'		
			tumor, infection andcongenital		
			disorders.		
			* Neurological infections and		
			disorders-convulsions, epilepsy,		
			meningitis, hydrocephalus,		
			spinabifida.		
			* Hematological disorders –		
			aAnemias thalassemia, ITP,		
			Leukemia,hemophilia.		
			* Endocrine disorders – Juvenile		
			diabetes mellitus.		
			* Orthopedic disorders –club feet,		
			hip dislocation and fracture.		
			* Disorders of skin, eye and ears.		
			* Common communicable		
			diseases in children, their		
			identification, nursingmanagement		
			in hospital and home and		
			prevention.		
			* Paediatric emergencies –		
			poisoning, foreign bodies,		
			haemorrage, burns and drowning.		
V	4Hrs	Manage the	Management of behaviour	Lecture,	Written
		child with	disorders in children.	discussion,	Test;
		behavioral &	* Management of challenged	Demonstrations	Objective
		social	children:		and Essay
		problem	* Mentally challenged	Field visit to	Type.
			* Physically challenged	the child	
			* Socially challenged	guidance	
				clinics, school	
				for mentally	
				physically &	
				socially	
				challenged	

The student will:-

- 1. Be posted in paediatric medical and surgical ward, OPD in hospital, health centre and neonatal unit.
- 2. Visit a centre for handicapped children and child welfare centre and write observation report.
- 3. Write an observation study of normal children of various age groups in home/nursery school/ crèche.
- 4. Follow nursing process in providing care to 3-6 children.
- 5. Write at least two nursing care studies and do a presentation.
- 6. Give two planned health teachings, one in hospital and one in OPD/health centre.
- 7. Practice the following nursing procedures:
 - Taking pediatric history.
 - Physical assessment of children.
 - Baby bath.
 - Feeding
 - Restraining
 - Calculation of dosage of drugs and administration of medications and injections.
 - Collection of specimens.
 - Enema, bowel wash, colostomy irrigation.
 - Steam and Oxygen inhalation
 - Preparation to assist with diagnostic tests and operations.
 - Examination/Assessment of a newborn
 - Neonatal resuscitation
 - Care of a baby in incubator and on ventilator
 - Photo therapy
 - Assist in exchange transfusion and other therapeutic procedures.

REFERENCES:

- 1. Marlow Dorothy and Redding. Text book of Peadiatric Nursing.6th editionHartcourt India Ltd, New Delhi, 2001.
- 2. Wong Dona et al. Whaley and Wongs Nursing care of Infants and children. 6th edition. Mosby Company, Philadelphia, 2000.
- 3. Black G Florence and Wright. Essential of Paediatric Nursing.JB Lippincott & Co. Philadelphia.
- 4. Parthasarathy et al. IAP Text book of Peadiatrics. 1st edition Jaypee Brothers, New Delhi-2000.
- 5. Ghai OP et al. Ghai's Essentials of Peadiatrics. 5th edition. Mehta Offset works, New Delhi, 2000
- 6. Vishwanathan and Desai. Achar's Text book of Paediatrics.3rd edition Orient Langman.Chennai, 1999.

DISTRIBUTION OF TYPE OF QUESTION AND MARKS

FOR THE SUBJECT CHILD HEALTH NURSING

Questi	Question description	Division of marks	Total marks
on No.			
1.	Total MCQs:- 15	15 x 1	15
2.	Long Answer Questions (LAQ)	2 x 10	20
	(Any2 out of 3)		
3.	Short Notes (8 out of 10)	8x5	40
	a) b) c) d) e) f) g) h) i) j)		

- 1. MCQ: Each MCQ carries 1 mark.
- 2. Long Answer Questions: 3 questions will be given out of which, 2 have to be answered.
- 3. Short Notes: 10 questions will be given out of which, 8 have to be answered.

MEDICAL SURGICAL NURSING

Placement: First Year

Time Allotted:Theory – 90 hrs

Practical - 270 hrs

COURSE DESCRIPTION

The purpose of this course is to widen the student's knowledge and develop

proficiency in caring for patients with medical surgical problems. This course includes

review of relevant anatomy and physiology, pathophysiology in medical-surgical

disorders and the nursing management of these conditions.

OBJECTIVES

At the end of the course, the student will

1. Explain relevant Anatomy and Physiology of various systems of the body.

2. Explain pathyophysiology of various disorders.

3. Explain the actions, side effects and nursing implications in administering drugs

for various disorders.

4. Discuss the recent advancement in the treatment and care of patients with medical

surgical conditions.

5. Develop skill in giving comprehensive nursing care to patients following the steps

of nursing process.

6. Assist the patients and their families in identigying and meeting their own health

Needs.

7. Appreciate the role of the nurse in the medical surgical health team.

UNIT NO	HOURS	Learning Objective	COURSE CONTENT	Teaching Learning Methods	Evaluation
I	4Hrs	Explain the roles of a nurse in patient care	* Introduction to medical surgical nursing. * Review of concepts of comprehensive nursing care in medical surgical conditions. * Nurse, patient and his/her family. * Functions of nurse in the outpatient department. * Intensive care unit.	Lecture, discussion charts, graphs, models, films and slides	Written Test; Objective and Essay Type.
II	10Hrs	Describe the common signs & symptoms of patents suffering with minor illness	* Nursing management of patient with specific problems. * Fluid and electrolyte imbalance. * Dyspnea and cough, respiratory obstruction * Fever * Shock * Unconsciousness * Pain Acute illness * Incontinence	Lecture, discussion charts, graphs, models, films and slides Demonstrations Practice sessions Case discussion Seminar	Written Test; Objective and Essay Type.
III	8Hrs	Describe the etiology ,pathophysiolo gy clinical manifestations ,diagnostic measures and nursing management of	Nursing management of patient with neurological and neurosurgical conditions. Review of anatomy and physiology of the	Lecture, discussion, Demonstrations Case discussion/semin ar	Written Test; Objective and Essay Type.

	1	T		** 11	
		patients with	nervous system.	Health education	
		neurological	Pathophysiology,		
		disorders	diagnostic	Supervised	
			procedures and	clnical practice	
			management of:		
			* Cerebro-	Drug book	
			vascular accident.	presentation	
			* Cranial, spinal		
			and peripheral		
			neuropathies.		
			* Head-ache and		
			intractable pain		
			* Epilepsy		
			* Infectious and		
			inflammatory		
			diseases and		
			trauma of the		
			nervous system.		
			* Common		
			disorders of the		
			system.		
			* Recent advances		
			in diagnostic and		
			treatment		
			modalities.		
			* Drugs used in		
			these disorders.		
			* Tumors of brain		
			and spinal cord,		
			congenital		
			malformations,		
			degenerative		
			diseases.		
IV	8Hrs	Describe the	Nursing	Lecture,	Written
		etiology	management of	discussion,	Test;
		,pathophysiolo	patient with	Demonstrations	Objective
		gy clinical	cardiovascular		and Essay
		manifestations	problems.	Case	Type.
		,diagnostic	Review of	discussion/semin	
		measures and	relevant anatomy	ar	
		nursing	and physiology of		
		management of	cardio vascular		
		patients with	system.	Health education	
		adults	Pathophysiology,	110aiai caacation	
		including	diagnostic	Supervised	
		elderly with	procedures and	clnical practice	
		clucity with	procedures and	chiicai practice	

		disorders of blood and cardiovascular problems	management of * Ischemic heart diseases. * Cardiac arrhythmias. * Congestive heart failure. * Rheumatic and other valvular heart diseases. * Endocarditis, cardiomyopathies, congenital heart, diseases, hypertension, heart block. * Cardiac emergencies: cardiac arrest, acute pulmonary oedema, cardiac temponade, cardiogenic shock, aneurysms and peripherovascular disorders, recent advancement in cardiology.	Drug book presentation	
V	5Hrs	Describe the etiology ,pathophysiolo gy clinical manifestations ,diagnostic measures and nursing management of patients with adult including elderly with disorder of respiratory system common medical surgical	Nursing management of patient with respiratory problems. Review of anatomy and physiology of respiratory system, pathophysiology, diagnostic procedures and management of upper respiratory tract infections. * Bronchitis * Asthma	Lecture, discussion, Demonstrations Chart graphs films and slides Case discussion/semin ar Health education Supervised clinical practice Drug book presentation	Written Test; Objective and Essay Type.

	Γ				<u> </u>
		nursing	* Emphysema,	Exposure to	
		procedures	empyema,	procedure	
			Atelectasis,	-x-ray	
			COPD	-MRI	
			* Bronchiectasis	-Endoscopy	
			* Pneumonia	1,0	
			* Pulmonary		
			tuberculosis		
			* Lung abscess		
			* Pleural effusion		
			* Tumours and		
			Cysts		
			* Chest injuries		
			* Respiratory		
			arrest and		
			insufficiency		
			* Pulmonary		
			embolism		
			* Drugs used in		
			the management		
			of these patients.		
			* Special		
			respiratory		
			therapies.		
VI	5Hrs	Describe the	*	T	Written
V1	SHIS		Nursing	Lecture,	
		etiology	management of	discussion,	Test;
		,pathophysiolo	patient with	Demonstrations	Objective
		gy clinical	genitor-urinary		and Essay
		manifestations	problems.	Case	Type.
		,diagnostic	Review of	discussion/semin	
		measures and	anatomy and	ar	
		nursing	physiology of the		
		management of	genitor-urinary		
		patients with	system	Health education	
		adult including	* Nephritis		
		elderly with	* Renal Calculus	Supervised	
		disorder of	* Acute renal	clnical practice	
		genitourinary	failure	1	
		system	* Chronic renal	Drug book	
			failure	presentation	
			* End stage renal	Presentation	
			disease		
			Special		
			procedures,		
		1	diolizate menel		
			dialysis, renal transplant		

			D 11		
			Drugs used in		
			management of		
			these patients		
			Congenital		
			disorders, urinary		
			infections,Benign		
			prostate		
			hypertrophy.		
VII	5Hrs	Describe the etiology ,pathophysiolo gy clinical manifestations ,diagnostic measures and nursing management of patients with adult including elderly with disorder of digestive system	•	Lecture, discussion, Demonstrations Explain using charts, graphs models, films and slides Case discussion/semin ar Health education Supervised clinical practice Drug book presentation	Written Test; Objective and Essay Type.
			Drugs used in the management of these patients.		

VIII	10Hrs	Describe the etiology ,pathophysiolo gy clinical manifestations ,diagnostic measures and nursing management of patients with adult including elderly with disorder of endocrine system	Nursing management of patients with endocrine problems Review of anatomy and physiology and patho-physiology of patients with * Thyroid disorders * Diabetes mellitus * Diabetes insipidus * Adrenal tumour * Pituitary disorders * Diagnostic procedures Nursing management of patient with above problems. Drugs used in endocrine problems.	Lecture, discussion, Demonstrations Explain using charts, graphs models, films and slides Case discussion/semin ar Practice sessions Health education Supervised clinical practice Drug book presentation	Written Test; Objective and Essay Type.
IX	5Hrs	Describe the etiology ,pathophysiolo gy clinical manifestations ,diagnostic measures and nursing management of patients with adult including elderly with disorder of musculo skeletal system	Nursing management of patients with musculoskeletal problems. Review of anatomy and physiology and pathophysiology * Arthritis, osteomyelitis, bursitis, * Fractures, dislocation and trauma * Prolapsed disc * Osteomalacia and osteoporosis	Lecture, discussion, Demonstrations Explain using charts, graphs models, films and slides Case discussion/semin ar Health education Supervised clinical practice Drug book presentation	

			* Tumor * Amputation Diagnositc procedures Nursing management of patients with above problems. Prosthesis and rehabilitation. Transplant and replacement surgeries.		
X	3Hrs	Describe the etiology ,pathophysiolo gy clinical manifestations ,diagnostic measures and nursing management of patients with adult including elderly with disorder of patients with oncology	* Nursing management of patients with disorders of female reproductive tract. * Disorder of menstruation * Infections of the genital tract * Beningn and malignant tumors of the genital tract * R.V.F., V.V.F * Climateric changes and associated problems.	Lecture, discussion, Demonstrations Explain using charts, graphs models, films and slides Case discussion/semin ar Health education Supervised clinical practice Drug book presentation	Written Test; Objective and Essay Type.
XI	5Hrs	Describe the etiology ,pathophysiolo gy clinical manifestations ,diagnostic measures and nursing management of patients with burns reconstructive and cosmetic surgery	* Nursing management of patients with oncological disorders. * Types of neoplasms and related pathophysiology * Diagnostic procedures * Modalities of treatment and nurse's role	Lecture, discussion, Demonstrations Explain using charts, graphs models, films and slides Case discussion/semin ar Health education	Written Test; Objective and Essay Type.

			* Special therapies – Chemotherapy and radiotherapy * Preventive measures, other therapies.	Supervised clinical practice Drug book presentation	
XII	3Hrs	Describe the etiology ,pathophysiolo gy clinical manifestations ,diagnostic measures and nursing management of patients with adult including elderly with disorder of immunological system	* Nursing management of patient with burns. * Nursing management of patient with reconstructive surgeries.	Lecture, discussion, Demonstrations Explain using charts, graphs models, films and slides Case discussion/semin ar Health education Supervised clinical practice Drug book presentation	Written Test; Objective and Essay Type.
XIII	5Hrs	Describe the etiology ,pathophysiolo gy clinical manifestations ,diagnostic measures and nursing management of patients with adult including elderly with disorder of communicable diseases	Nursing management of patients with common communicable diseases and STD'S Nursing management of patient with immunological disorders including HIV/AIDS	Lecture, discussion, Demonstrations Explain using charts, graphs models, films and slides Case discussion/semin ar Health education Supervised clinical practice Drug book presentation	Written Test; Objective and Essay Type.

XIV	5Hrs	Describe the etiology ,pathophysiolo gy clinical manifestations ,diagnostic measures and nursing management of patients with adult including elderly with disorder of ear, nose and throat	Nursing management of patients with diseases of eye, ear, nose, throat and skin.	Lecture, discussion, Demonstrations Explain using charts, graphs models, films and slides Case discussion/semin ar Health education Supervised clinical practice Drug book presentation	Written Test; Objective and Essay Type.
XV	5Hrs	Describe the etiology ,pathophysiolo gy clinical manifestations ,diagnostic measures and nursing management of patients with adult including elderly with disorder of blood	Nursing management of patients with blood disorders Review of anatomy and physiology of blood and blood products. Patho-physiology, diagnostic procedures and management of blood disorders * Anemia * Leukemia * Bleeding disorders * Hemophilia * Purpura etc. Blood transfusion, safety checks, procedure and requirements, management of adverse transfusion,	Lecture, discussion,	Written Test; Objective and Essay Type.

			reaction, records for blood		
			transfusion.		
			Management and		
			counseling of		
			blood donors,		
			phlebotomy		
			procedure, and		
			post donation		
			management.		
			Blood bank		
			functioning and		
			hospital		
			transfusion		
			committee		
			Bio-safety and		
			waste		
			management in		
			relation to blood		
			transfusion.		
XVI	3Hrs	Explain the	* Nursing in	Lecture,	Written
		role of a nurse	emergencies.	discussion	Test;
		n nursing	* Cardiac		Objective
		emergencies	emergencies		and Essay
			* Trauma		Type.
			* Poisoning		
			* Crisis		
			management:		
			Thyroid crisis,		
			Hypertensive		
			crisis, adrenal		
			crisis.		

Students should rotated in the selected medical and surgical areas, like cardio thoracic, neurology, urology, orthopedics, Gynecology, Oncology, burns and Reconstructive surgical units.

The students should given patient assignment. They have to practice patient cantered comprehensive nursing.

Each student is required to give planned health teachings, conduct clinical teaching, case presentation and drug study.

REFERENCES:

- 1. LongPhipps. Casseyer.Medical Surgical Nursing. A Nursing process approach. Pub. Mosby co. 1993
- 2. Lewis, Collier, Heitcemper. Medical Surgical Assessment& management of clinical problems.
- 3. Brunner & Suddharth. Medical Surgical Nursing Pub.J.B.Lippincott co.
- 4. Luckmann& Sorensen. Medical Surgical Nursing Aphschophysiologic approach. Pub.W.B. Saunders co.
- 5. Joyce M. Black, E.M. Jacobs; Medical, Surgical Nursing, Clinical Management for continuity of care; 5th ed.; 1997; by W.B. Saunders company.(part I&II).

DISTRIBUTION OF TYPE OF QUESTIONS AND MARKS FOR THE SUBJECT MEDICAL SURGICAL NURSING

Questi	Question description	Division of marks	Total marks
on No.			
1.	Total MCQs:- 15	15 x 1	15
2.	Long Answer Questions (LAQ)	2 x 10	20
	(Any2 out of 3)		
3.	Short Notes (8 out of 10)	8x5	40
	a) b) c) d) e) f) g) h) i) j)		

- 1. MCQ: Each MCQ carries 1 mark.
- 2. Long Answer Questions: 3 questions will be given out of which, 2 have to be answered.
- 3. Short Notes: 10 questions will be given out of which, 8 have to be answered.

ENGLISH

Placement: First Year Time Allotted: Theory -60 hrs

COURSE DESCRIPTION

This course is designed to help the student understand and usage of English language required for their professional work.

OBJECTIVES

After the course the students will develop

- 1. Ability to speak and write grammatically correct English
- 2. Effective skill in reading and understanding the English language

3. Skill in reporting

UNIT	HOURS	Learning	COURSE CONTENT	Teaching	Evaluation
NO		Objective		Learning	
				Methods	
I	15Hrs	Learn &	Remedial study of grammar	Demonstr	Written
		understan	* Review of grammar, vocabulary and	ate use of	Test;
		d English	effective use of dictionary	dictioner	Objective
		grammer,	* Prepare task oriented seminars.		and Essay
		develop	* Symposia and panel discussion.	Class	Type.
		vocabular		room	
		У		conversio	
				n	
		Explain		Exercise	
		the steps		on use of	
		&		grammar	
		research		Practice	
		process		in public	
				school	
II	10Hrs	Develops	The ability to understand selected	Exercise	Written
		ability in	passage and express meaning in one's	on	Test;
		reading &	own words.	reading	Objective
		speaking	Reading and comprehension of the		and Essay
		correct	prescribed books.	Summari	Type.
		English		zing	
				1	
				comprehe	
				nsion	

III	20Hrs	Develops effective skills in reading & understan ding English language	The study of various forms of composition * Note taking * Diary * Nurses notes, anecdotal records * Writing of summary * Nurses reports on health problems * The student will submit one sample of each item from her own practical experience.	Exercise on writing Letter writing Precise Dairy Anal to be health problem Story writing Resume writing Essay writing Discussio n on written report document s	Written Test; Objective and Essay Type.
IV	15Hrs	Develop skills in communic ations & implement it in day to day practical experience	Verbal communication * Oral reports * Summarization of discussion * Debate * Listening comprehension –Film, Cassette and Radio.	Exercise on debating Participat ing in seminar Panel symposiu m Telephon e	Written Test; Objective and Essay Type.

The clinical experience in the wards and bed side nursing will provide opportunity for students to fulfill the objectives of learning language.

Assignment on writing and conversation through participation in discussion, debates, seminars and symposia. The students will gain further skills in task oriented communication.

DISTRIBUTION OF TYPE OF QUESTION AND MARKS

FOR THE SUBJECT ENGLISH

Question	Question description	Division of	Total
No.		marks	marks
1.	MCQs	15 x 1	15
2.	Long Answer Questions (LAQ) (Any2 out of 3)	2 x 10	20
3.	Short Notes (8 out of 10) a) b) c) d) e) f) g) h) i) j)	8x5	40
	Total Marks		75

- 1. MCQ: Each MCQ carries 1 mark.
- 2. Long Answer Questions : 3 question will be given out of which, 2 has to be answered. Bitwise questions may be asked.
- 3. Short Notes: 10 questions will be given out of it 8 has to be answered.

II YEAR

SOCIOLOGY

Placement: Second Year Time Allotted: Theory -60 hrs

COURSE DESCRIPTION

This course it reorient students to sociology related to community and social institution in India and its relationship with health, illness and nursing.

OBJECTIVES

At the end of the course, the student will

- 1. Describe sociological concepts that are applicable to nursing.
- 2. Determine role of sociology in nursing as related to social institutions in India
- 3. Develop positive attitudes towards individual, family and community.

UNIT NO	HOURS	Learning Objective	COURSE CONTENT	TEACHING LEARNING ACTIVITIES	ASSESSMENT
I	1	Describe the importanc e of sociology in Nursing	Introduction Importance of study of sociology in nursing, relationship of anthropology, sociology, etc.	Chalk board power point Transparency	Essay type Short answers
П	3	Describe the inter - relationshi p of individual in society and communit	* Socialization * Interdependence of the individual and society * Personal disorganization.	Chalk board power point Transparency	Essay type Short answers Assignment
Ш	3	Describe the influence of culture and on health and disease	Culture * Nature of culture * Evolution of culture * Diversity and uniformity of culture	Chalk board power point Transparency	Essay type Short answers Assignment

IV	4	Identify various social groups and Their interaction s	* Social organization * Social groups, crowds and public groups, nations, race. * Social institutions: The family marriage, education, religion, arts, economic organization, political organization. * The urban and rural community in India: Ecology, characteristics of the village, characteristics of the town and city. * Social stratification: Class	Chalk board power point Transparency	Essay type Short answers Assignment
V	6	Explain the Social process	social process *process of social interaction: competition, conflict war, cooperation, accommodation, and assimilation.	Chalk board power point Transparency	Essay type Short answers Assessment of report on community Identification
VI	4	Explain the Social change	Social change Nature and process of social change: Factors influencing cultural change.Cultural lag.		
VII	6	Describe the institution s of family and marriage in India	Social problems * Social disorganization, control and planning: poverty, population, housing, illiteracy, food supplies, growth of urbanization, prostitution, minority groups, rights of women and children, child labour, child abuse, delinquency and crime, substance abuse.	Chalk board power point Transparency	Essay type Short answers

References:

- 1. Sachadeva Y.V., An introduction to sociology, kithabmahal : Allahabad
- 2. R.K.Manelkar, Sociology for Nurses, Sivosankar T.P., Vora Medical Publications
- 3. K.P.Pothen, S.Pothen, Sociology for Nurses, 3rd Edition, N.R.Brothers, Indore. C.N. Shankar Rao Principals of sociology with introduction to social thoughts, S Chand E Company Publishers
- 4. Ashok N.Patel, S.S.Hooda, Sociology
- 5. Dr.N.H.Groenman, Dr.OD'aslevin, M ABockenham, Social and Behvioural sciences for Nurses, 1st edition, Campanion Press Ltd.
- 6. Dr.AjithkumarSinha, Principles of Sociology, Lakshmi NarainAgarwal educational publishers.
- 7. T.B.Bottomore, Sociology A guide to problem and literature, 2nd edition, Blockie& Sons Publishers Pvt. Ltd.

DISTRIBUTION OF TYPE OF QUESTION AND MARKS

FOR THE SUBJECT SOCIOLOGY

Q. No.	Question description	Division of marks	Total marks
1.	Total MCQs:- 15	15 x 1	15
2.	Long Answer Questions (LAQ) (Any2 out	2 x 10	20
	of 3)		
3.	Short Notes (8 out of 10)	8x5	40
	a) b) c) d) e) f) g) h) i) j)		

- 1. MCQ: Each MCQ carries 1 mark.
- 2. Long Answer Questions: 3 questions will be given out of which, 2 have to be answered.
- 3. Short Notes: 10 questions will be given out of which, 8 have to be answered.

COMMUNITY HEALTH NURSING

Placement: Second Year Time

Allotted: Theory – 60hrs

Practical -240 hrs

COURSE DESCRIPTION

The course enables the students to understand the national health care delivery system and to participate in the delivery of community health nursing.

OBJECTIVES

At the end of the course, the student will

- 1. Explain the concept of various factors contributing to health of individual, family and community.
- 2. Identify the role of community health nurse.
- 3. Describe national health care delivery system.
- 4. Describe epidemiological methods and principles of prevention and control of illness in the community.
- 5. Identify the role of personnel working in the community health set up.
- 6. Plan the work of community health nurse and supervise and train health workers.

UNIT NO	HOURS	Learning Objective	COURSE CONTENT	TEACHING LEARNING ACTIVITIES	ASSESSMENT
I	6	Describe the Concepts of community health nursing	Introduction * Introduction to community health —Concepts, Principles and elements of primary health care. * Introduction to community health nursing. * Concepts of community health nursing —community nursing process. * Objectives, scope and principles of community health nursing.	Chalk board power point Transparency	Essay type Short answers
Π	8	Describe the Family health services	Family health services * Concept, objectives, scope and principles. * Individual family and community as a unit of service * Principles and techniques of home visiting * Establishing working relationship with the family.	Chalk board power point Transparency	Essay type Short answers Assignment

V	8	Explain the Role of the community health nurse.	* Planning for health education and role of nurse Role of the community health nurse. * National health programmes * Maternal and child health programmes * Family welfare and school health services * Occupational health services. * As a member of the health team.	Chalk board power point Transparency	Essay type Short answers Assessment of report on community Identification
IV	8	Explain health education its aims concepts and scope	Health Education * Aims concepts and scope of the health education * National plan for health education * Communication techniques * Methods and media for health education programmes	Chalk board power point Transparency	Essay type Short answers Assignment
Ш	10	Describe the Organisation and administration of health services in India.	* Working with families in relation to prevention of disease, promotion of health. * Care of the sick in the home, physically handicapped and mentally challenged. * Surveillance and monitoring Organisation and administration of health services in India. * National health policy * Health care delivery system in India * Health team concept * Centre, State, district, urban health services, rural health services * System of medicines * Centrally sponsored health schemes * Role of voluntary health organizations and international health agencies * Role of health personnel in the community * Public health legislation.	Chalk board power point Transparency	Essay type Short answers Assignment

VI	10	Describe	Epidemiology	Chalk board	Essay type
		Epidemiology	* Definition-concepts, aims,	power point	
			objectives, methods,	Transparency	Short answers
			principles		
			* Epidemiology – Theories		
			and models		
			* Application of		
			Epidemiology, principles and		
			concepts in community		
			health.		
VII	10	Explains the	Bio statistics and vital	Chalk board	Essay type
		Bio statistics	statistics	power point	
		and vital	* Introduction, definition and		Short answers
		statistics	scope, legislation		
			* Report, recording and		Assignment
			compiling of vital statistics at		
			the local, state, national and		
			international level.		
			* Definitions and methods of		
			computing vital statistics		
			* Methods of presenting data		
			* Management information		
			system.		

Each student will prepare a community profile.

The students will be allotted families for gaining experience in identifying family health needs, health counseling and guidance and family budgeting for optimum health.

The students will participate in the activities of primary health centre, Sub-centre, MCH Centre.

Visits will be made to selected health and welfare agencies, water purification plant and sewage disposal plant, infectious disease hospital.

Conduct health educational programmes for individual/groups/community.

References:

- 1. K.Park, Textbook of Preventive & Social Medicine- current edition
- 2. K.Park, Essentials of Community Health Nursing
- 3. Raokasturi, An Introduction to Community Health Nursing, I publications.
- 4. Freeman Ruth, Community Health Nursing Practice.
- 5. Stanthope Lancaster, Community Health Nursing Process & Practice, Popular publication.
- 6. BasavantappaB.T., Community Health Nursing
- 7. Sathe, Epidemiology & management of Heath Care, Popular publication
- 8. Mahajan Gupta, Textbook of Preventive & Social Medicine, Jaypee Publications

Lancaster, Community Health Nursing Process and Practice for Promoting Health, Mosby Publications.

DISTRIBUTION OF TYPE OF QUESTION AND MARKS FOR THE SUBJECT COMMUNITY HEALTH NURSING

Questi	Question description	Division of	Total marks
on No.		marks	
1.	Total MCQs:- 15	15 x 1	15
2.	Long Answer Questions (LAQ)	2 x 10	20
	(Any2 out of 3)		
3.	Short Notes (8 out of 10)	8x5	40
	a) b) c) d) e) f) g) h) i) j)		

- 1. MCQ: Each MCQ carries 1 mark.
- 2. Long Answer Questions : 3 questions will be given out of which, 2 have to be answered.
- 3. Short Notes: 10 questions will be given out of which, 8 have to be answered.

MENTAL HEALTH NURSING

PLACEMENT :SECOND YEAR TIME ALLOTTED: Theory : -60 hrs

Practical – 240 hrs

COURSE DESCRIPTION

This course enable the students to recognize and appreciate the causes, symptoms and process of abnormal human behaviour. It also introduces the student to the present day treatment modalities in the light of psychological, social and cultural factors affecting human behaviour. This course helps the student to learn principles of mental health and psychiatric nursing and to develop beginning skills in the management of the mentally ill in hospital and community.

OBJECTIVES

At the end of course, the student will

- 1. Identify and describe the philosophy and principles of mental health nursing
- 2. Describe the historical development of mental health and psychiatric nursing
- 3. Classify mental disorders
- 4. Develop skill in history taking and performing mental status examination.
- 5. Describe etiological factors, psycho-pathology, clinical features, diagnostic criterial and treatment methods used for mental disorders.
- 6. Manage the patients with various mental disorders.
- 7. Communicate therapeutically with patients and their families.
- 8. Identify role of the nurse in preventive psychiatry.
- 9. Identify the legal aspects in practice of mental health and psychiatric nursing.

UNIT	HOURS	Learning	COURSE CONTENT	TEACHING	ASSESSMENT
NO		Objective		LEARNING	
				ACTIVITIES	
I	5	Discuss	Introduction and historical	 Chalkboard 	Assignments
		the	development		
		historical	* History of psychiatry	 Transparency 	Unit tests,
		developm	* Historical development of		
		ent of	mental health nursing		Essay type
		psychiatr	* Philosophy, principles of	 Power Point 	
		y and	mental health and psychiatric		➤ Short
		psychiatri	nursing	Charts	Answers
		c	* Concept of normal and		
		developm	abnormal behaviour		Objectives
		ent	* Role and qualities of mental		> Type
			health and psychiatric nursing		
			* Mental health team and		
			functions of team members		
			* Legal aspects in psychiatry		
			and mental health services		

II	5	Discuss	Classification and assessment		
		history	of mental disorders		> Assignments
		taking.	* Terminologies used in		
			psychiatry	Chalkboard	➤ Unit tests,
			* Classification of mental		Eccess type
		Describe	disorders	Transparency	Essay type
		mental	* Etiological factors and		➤ Short
		status	psychopathology of mental		Answers
		examinati	disorders * History taking and	Power Point	T IIIS WOLD
		on	assessment methods for mental	CI.	➤ Objectives
			disorders.	Charts	> Type
III	4	Enlist	Therapeutic communication	Chalkboard	> Assignments
		various	* Communication process		
		types of	* Interview skills, therapeutic	Transparency	Unit tests,
		therapeuti	communication techniques.		
		c	Nurse patient Relationship,		Essay type
		technique	therapeutic impasse and it's	Power Point	6 01
		S.	management process recording.		> Short
				• Charts	Answers
		F1-1-			Objectives
		Explain the			> Type
		elements			rype
		of nurse			
		patient			
		contract.			
IV	20	Write the	Management of mental	Chalkboard	> Assignments
		managem	disorders.		-
		ent of	* Etiological factors,	Transparency	Unit tests,
		patient	psychopathology, types,		
		with	clinical features, diagnostic		Essay type
		Schizophr	criteria,treatment and nursing	 Power Point 	∇1
		enia.	management of patient with		Short Answers
		Diagram	following disorders:	• Charts	AllSWEIS
		Discuss the	* Neurotic Disorders: Anxiety Neurosis, Depressive Neurosis,		Objectives
			Obsessive compulsive		> Type
		managem ent of	Neurosis, phobic Neurosis and		-110
		patient	Hypochnodriacal Neurosis,		
		with	Stress related and somatoform		
		mood	disorders.		
		disorders.	* Psychotic Disorders:		
			Schizophrenic form, affective		
			and organic psychosis.		
			* Organic Brain syndromes		

		Explain the managem ent of patient with neurotic disorder.	* Psychosomatic disorders * Personality disorders * Disorders of childhood and adolescence.		
V	3	Discuss the managem ent of patient with substance use disorder.	Management of patients with substance use disorders * Substance use and misuse. * Dependence, intoxication and withdrawal * Classification of psychoactive substances * Etiological and contributory factors * Psychopathology * Clinical features * Diagnostic criteria * Treatment and nursing management of patient with substance use disorders. * Preventive and rehabilitative aspects in substance abuse.	ChalkboardTransparencyPower PointCharts	 Assignments Unit tests, Essay type Short
VI	2	Discuss the nursing managem ent of patient with mental deficienc y.	Management of mental sub- normality * Classification of mental sub- normality * Etiological factors, psychopathology, psychometric assessment, diagnostic criteria and management of sub- normality.	ChalkboardTransparencyPower PointCharts	 Assignments Unit tests, Essay type Short
VII	4	Enlist the psychiatri c emergenc es. Discuss crisis interventi on.	Psychiatric Emergencies * Types of emergencies, psychopathology, clinical features, assessment and diagnosis, treatment and nursing management of patient with psychiatric emergencies. * Crisis intervention therapy.	ChalkboardTransparencyPower PointCharts	 Assignments Unit tests, Essay type Short

VIII	12	Discuss	Therapeutic Modalities	Chalkboard	> Assignments
		Psychoph	Principles, indication,		
		armacolo	contraindications and role of	Transparency	Unit tests,
		gy	nurse in various treatment		
		In mental	methods:		Essay type
		disorders.	* Therapeutic community and	Power Point	
			Milieu therapy		➤ Short
			* Occupational therapy	• Charts	Answers
			* Psychotherapy		
		Explore	* Behaviour therapy		Objectives
		psycholog	* Group therapy		> Type
		ical	* Family therapy		
		therapies	* Pharmacotherapy		
		used in	* Electro convulsive therapy		
		mental	* Other miscellaneous		
		disorder.	therapies.		
IX	5	Discuss	Preventive Psychiatry	 Chalkboard 	Assignments
		the levels	* Model of prevention		
		of	* Role of nurse in preventive	Transparency	➤ Unit tests,
		of preventio	psychiatry	Transparency	·
			psychiatry * Psychiatric social work	Transparency	Unit tests,Essay type
		preventio	psychiatry * Psychiatric social work * Community mental health	TransparencyPower Point	Essay type
		preventio n in	psychiatry * Psychiatric social work * Community mental health nursing Community mental		Essay typeShort
		preventio n in psychiatr y.	psychiatry * Psychiatric social work * Community mental health nursing Community mental health agencies		Essay type
		preventio n in psychiatr y. Explain	psychiatry * Psychiatric social work * Community mental health nursing Community mental	Power Point	Essay typeShort Answers
		preventio n in psychiatr y. Explain national	psychiatry * Psychiatric social work * Community mental health nursing Community mental health agencies	Power Point	Essay typeShort AnswersObjectives
		preventio n in psychiatr y. Explain national mental	psychiatry * Psychiatric social work * Community mental health nursing Community mental health agencies * National mental health	Power Point	Essay typeShort Answers
		preventio n in psychiatr y. Explain national	psychiatry * Psychiatric social work * Community mental health nursing Community mental health agencies * National mental health	Power Point	Essay typeShort AnswersObjectives
		preventio n in psychiatr y. Explain national mental	psychiatry * Psychiatric social work * Community mental health nursing Community mental health agencies * National mental health	Power Point	Essay typeShort AnswersObjectives

The student will be provided opportunity to:

- Observe, record and report the behavior of their selected patients.
- Record the process of interaction
- Assess the nursing needs of their selected patients, plan and implement the nursing intervention.
- Counsel the attendant and family members of patient.
- Participate in the activities of psychiatric team
- Write observation report after a field visit to the following places:
- Child guidance clinic,
- School/Special Schools (For Mentally subnormal)
- Mental Hospital
- Community mental health centres,
- De-addiction centre.

References:

- 1. Gail WiscarsStuart.Michele T. Laraia. "Principles and practice of psychiatric nursing", 8th edition, Elseveir, India Pvt. Ltd. New Delhi.2005.
- 2. Michael Gelder, Richard Mayou, Philip Cowen, Shorter oxford text book of psychiatry, Oxford medical publication, 4 the ed. 2001.
- 3. M.S. Bhatia, A concised text Book of Psychiatric Nursing, CBS publishers and distributors, Delhi 2nd ed. 1999.
- 4. M.S. Bhatia, Essentials of Psychiatry, CBS publishers and distributors, Delhi
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- 6. BimlaKapoor, Psychiatric nursing, Vol. I & II Kumar publishing house Delhi, 2001
- 7. NirajAhuja, A short textbook of pstchiatry, Jaypee brothers, New Delhi, 2002.
- 8. The ICD10, Classification of mental and behavioural disorders, WHO, A.I.T.B.S. publishers, Delhi,2002
- 9. De Souza Alan, De Souza Dhanlaxmi, De Souza A, "National series Child psychiatry" 1st ed, Mumbai, The National Book Depot, 2004
- 10. Patricia, Kennedy, Ballard, "Psychiatric Nursing Integration of Theory and Practice", USA, McGraw Hill 1999.
- 11. Kathernic M. Fort in ash, Psychiatric Nursing Care plans, Mossby Year book.
 Toronto
- 12. Sheila M. Sparks, CynthiaM. Jalor, Nursing Diagnosis reference manual 5th edition, , Spring house, Corporation Pennsychiram's
- 13. R. Sreevani, A guide to mental health & psychiatric nursing, Jaypee brothers, Medical Publishers P(Ltd), New Delhi 1st edition.
- 14. R. Baby, Psychiatric Nursing N.R. Brothers, Indore, 1st edition 2001.
- 15. Varghese Mary, Essential of psychiatric & mental health nursing,
- 16. Foundations Journals of mental health nursing

DISTRIBUTION OF TYPE OF QUESTION AND MARKS FOR THE SUBJECT MENTAL HEALTH NURSING

Questi	Question description	Division of marks	Total marks
on No.			
1.	Total MCQs:- 15	15 x 1	15
2.	Long Answer Questions (LAQ) (Any2	2 x 10	20
	out of 3)		
3.	Short Notes (8 out of 10)	8x5	40
	a) b) c) d) e) f) g) h) i) j)		

- 1. MCQ: Each MCQ carries 1 mark.
- 2. Long Answer Questions: 3 questions will be given out of which, 2 have to be answered.
- 3. Short Notes: 10 questions will be given out of which, 8 have to be answered.

INTRODUCTION TO NURSING EDUCATION

Placement : Second year Time Allotted: Theory -60 hrs

Practical -75 hrs

COURSE DESCRIPTION

This course introduced the students to principles and concepts of education, curriculum development and methods and media of teaching. It also describes the steps in curriculum development and implementation of educational programmes in nursing.

OBJECTIVES

At the end of the course, the students will

- 1. Describe the philosophy and principles of education.
- 2. Explain the teaching learning process
- 3. Develop the ability to teach, using various methods and media.
- 4. Describe the process of assessment.
- 5. Describe the administrative aspects of school of nursing
- 6. Participate in planning and organizing an in-service education programme.
- 7. Develop basic skill of counseling and guidance.

UNIT NO	HOURS	Learning Objective	COURSE CONTENT	TEACHING LEARNING ACTIVITIES	ASSESSMENT
I	2	Discuss the Meaning of education, aims, function and principles. Philosophy of education	Introduction to education Meaning of education, aims, function and principles. Philosophy of education	 Chalkboard Transparency Power Point Charts 	 Assignments Unit tests, Essay type Short

II	4	Discuss Teaching learning process	Teaching learning process * Nature and characteristics of learning * Principles and maxims of teaching * Formulating objectives * Lesson planning.	ChalkboardTransparencyPower PointCharts	 Assignments Unit tests, Essay type Short
III	10	Enlist various types of Methods of teaching	* Teaching methods * Lecture * Discussion * Demonstration * Group discussion * Project * Role play * Panel discussion * Symposium * Seminar * Field trip * Workshop * Exhibition * Programmed instruction * Computer assisted learning * Clinical teaching methods: * Case methods * Case presentation * Nursing rounds and reports * Bedside clinic * Conference(individual and group) * Recording of interaction process	 Chalkboard Transparency Power Point Charts 	> Assignments > Unit tests, > Essay type > Short Answers > Objectives > Type

IV	10	Explain the Educational media	* The communication process: factors affecting communication * Purposes and types of audio-visual aids * Graphics aid: Chalk-board, charts, graphs, posters, flash cards, flannel graph/khadigraph, bulletin, cartoon. * Three dimensional aids: Objects, specimen, models, puppets. * Printed aids: pamphlets and leaflets * Projected aids: slides, films and televisions, VCR,VCP,Overhead projector, camera, microscope. * Audio – Aids: Taperecorder, public address system, computer	 Chalkboard Transparency Power Point Charts 	 Assignments Unit tests, Essay type Short
V	10	Discuss the Methods of assessment	Methods of assessment * Purpose and scope of evaluation and assessment * Critieria for selection of assessment techniques and methods * Assessment of knowledge: essay type Question, SAQ(Short Answer Questions) * MCQ(multiple choice Questions) * Assessment of skills: Observation, check list. Practical examination, Viva, objective structured clinical examination. * Assessment of attitude: Attitude scale.	 Chalkboard Transparency Power Point Charts 	 Assignments Unit tests, Essay type Short

VI	10	Discuss the Management of school of Nursing	Management of school of Nursing * Planning of school of nursing, organization * Recruitment of teaching staff, budget, facilities for the school, student selection and admission procedure, administrative planning for students, welfare services for students, maintenance of school records, preparation of annual reports. INC guidelines for school of nursing	 Chalkboard Transparency Power Point Charts 	 Assignments Unit tests, Essay type Short Answers Objectives Type
VII	8	Discuss Guidance and counseling.	Guidance and counseling definition * Basic principles of guidance and counseling * Organisation of guidance and counseling services * Counselling process * Managing disciplinary problems * Management of crisis	 Chalkboard Transparency Power Point Charts 	 Assignments Unit tests, Essay type Short
VIII	6	Discuss Inservice education.	In-service education * Introduction to nature scope of in-service education programme * Principles of adult learning * Planning for in- sevice progamme * Techniques, and methods of staff education programme * Evaluation of in-service programme.	 Chalkboard Transparency Power Point Charts 	 Assignments Unit tests, Essay type Short

PRACTICUM

Each student should:

- Conduct five planned teaching using different methods and media
- Prepare different types of teaching aids
- Plan, organize and conduct inservice education programme.
- Conduct at least one counseling session
- Prepare rotation plans.

References:

- 1. Bhatia, Kamala & Bhatia B.D.: The Principles and Methods of Teaching: Delhi, Doaba House, 1977.
- 2. Neeraja, Nursing Education, New Delhi, Jaypee Brother, 2004.
- 3. Safaya, Raghunath&Shaida, B.D. Educational Theory & Practice, Delhi, Dhanpat Row & Sons, 1974.
- 4. Bhatia, Hans Raj Elements of Educational Psychology, Bombay, QnentConpman, 5th ed. 1973.

DISTRIBUTION OF TYPE OF QUESTION AND MARKS

FOR THE SUBJECT INTRODUCTION TO NURSING EDUCATION

Question	Question description	Division of marks	Total marks
No.			
1.	Total MCQs:- 15	15 x 1	15
2.	Long Answer Questions (LAQ)	2 x 10	20
	(Any2 out of 3)		
3.	Short Notes (8 out of 10)	8x5	40
	a) b) c) d) e) f) g) h) i) j)		

Note:

1. MCQ: Each MCQ carries 1 mark.

2. Long Answer Questions: 3 questions will be given out of it 2 have to be answered.

3. Short Notes: 10 questions will be given out of it 8 have to be answered.

INTRODUCTION TO NURSING SERVICE ADMINSTRATION

Placement : Second year Time Allotted: Theory -60 hrs

Practical -180 hrs

COURSE CONTENTS

This course is designed to give an opportunity to the student to gain an understinading of the principles of administration and its application to nursing service. It is also intended to assist the students to develop an understanding of professional leadership need.

OBJECTIVES

At the end of the course, the student will

- 1. Identify the principles of administration
- 2. Describe the principles and techniques of supervision
- 3. Explain the principles and methods of personnel management
- 4. Explain the principles of budgeting
- 5. Organise and manage a nursing unit effectively
- 6. Identity dynamics of organizational behaviour, styles and functions of effective leadership.

UNIT NO	HOURS	Learning Objective	COURSE CONTENT	TEACHING LEARNING ACTIVITIES	ASSESSMENT
I	2	Discuss the Meaning of education, aims, function and principles. Philosophy of education	Principles and practice of Administration * Significance, elements and principles of administration, * Organization of hospital – Definition ,Aims, functions and classifications, health team. * Policies of hospital, different departments with special emphasis to department of	 Chalkboard Transparency Power Point Charts 	 Assignments Unit tests, Essay type Short

II	4	Discuss Teaching learning process	nursing and office management. * Responsibilities of the nursing personnel specially of ward sister, medico legal aspects, concept of cost effectiveness. Nursing unit Management * Physical layout of a nursing unit and necessary facilities * Factors affecting the quality of nursing care * Maintenance of a therapeutic environment * Administration of the unit- management of patient care * Maintenance of physical environment * Assignment of duties and time plan. * Patient assignment, safety measures, prevention of accidents and infections, * Maintenance of patients records and reports, legal responsibilities. * Maintenance of quality nursing care, nursing audit.	Chalkboard Transparency Power Point Charts	 Assignments Unit tests, Essay type Short Answers Objectives Type
Ш	10	Enlist various types of Methods of teaching	Personnel management * Staff recruitment and selection, appointment, promotions, personnel policies and job descriptions. * Job analysis. * Staffing the unit, staffing norms, rotation plan, leave planning, performance appraisal, staff welfare and management of disciplinary problems.	 Chalkboard Transparency Power Point Charts 	 Assignments Unit tests, Essay type Short

IV	10	Explain the Educational	Supervision * Principles of supervision,	•	Chalkboard	> Assignments
		media	nature and objectives * Tools and techniques of	•	Transparenc	➤ Unit tests,
			supervision * Evaluation		У	➤ Essay type
			* Nursing audit * Staff development –	•	Power Point	> Short Answers
			orientation program * Skill training * Leadership development * Problem solving process.	•	Charts	ObjectivesType
V	10	Discuss the Methods of	Material management * Pinciples of material	•	Chalkboard	> Assignments
		assessment	management	•	Transparenc	➤ Unit tests,
			* Quality control * Inventory, care of equipment, safekeeping		у	> Essay type
			* Role of nursing personnel in material management.	•	Power Point	> Short Answers
			-	•	Charts	> Objectives Type
VI	10	Discuss the	Financial Management	•	Chalkboard	> Assignments
		Management of school of	* Budgeting – Principles of budgeting, audit.	•	Transparenc	➤ Unit tests,
		Nursing			У	> Essay type
				•	Power Point	> Short Answers
				•	Charts	ObjectivesType
VII	8	Discuss	Organizational behaviour	•	Chalkboard	> Assignments
		Guidance and	* Group dynamic and human relation, organizational	•	Transparenc	➤ Unit tests,
		counseling.	communication (hospital information system) * Public relations, leadership		у	> Essay type
			styles and functions * Methods of reporting	•	Power Point	> Short Answers
			* Maintaining records and reports	•	Charts	ObjectivesType

PRACTICUM

Observe the functioning of nursing administration at various level i.e. institution, department, unit.

Each student will practice ward management under supervision.

Student will prepare rotation plan of the staff, write reports, give verbal report of the ward and assist in maintaining the inventory of the nursing unit.

Visit to private and government hospital and write observation reports.

References:

- 1. TNAI. Nursing Administration and Management, 1st edn, Academic Press: New Delhi, 2000
- 2. Shakharkar, B M. Principles of Hospital Administration and Planning, Jaypee Brothers: Banglore, 1998.
- 3. Pai, Pragna. Effective Hospital Management, 1st edn, The National Book Depot: Mumbai, 2002.
- 4. Srinivasan, AV.Managing a Modern Hospital, 1st edn, Sage Publications: New Delhi, 2002
- 5. Basavanthappa, B T. Nursing Administration, 1st edn, J P Brothers Medical Publishers: New Delhi, 2000.
- 6. Goel, s & Kumar, R. Hospital Administration and Management, 1st edn, Deep and Deep Publications: New Delhi, 2000.
- 7. Park K. Park's Textbook of Preventive and Social Medicine, 17th edn, M/S BanarsidasBhanot Publishers: Jabalpur, 2003.
- 8. Russels, C S. Management & Leadership for Nurse Managers, 3rd edn, Jones Bartlett Publishers: London, 2002.

DISTRIBUTION OF TYPE OF QUESTION AND MARKS

FOR THE SUBJECT

INTRODUCTION TO NURSING ADMINISTRATION

Questi	Question description	Division of	Total marks
on No.		marks	
1.	Total MCQs:- 15	15 x 1	15
2.	Long Answer Questions (LAQ)	2 x 10	20
	(Any2 out of 3)		
3.	Short Notes (8 out of 10)	8x5	40
	a) b) c) d) e) f) g) h) i) j)		

Note:

1. MCQ: Each MCQ carries 1 mark.

2. Long Answer Questions: 3 questions will be given out of which, 2 have to be answered.

3. Short Notes: 10 questions will be given out of which, 8 have to be answered.

INTRODUCTION TO NURSING RESEARCH AND STATISTICS

Placement :Second Year Time Allotted: Theory -45 hrs

Practical -120 hrs

COURSE DESCRIPTION

The course is designed to assist the students to develop an understanding of basic concepts of research and statistics, use the findings of nursing research in nursing practice, apply the knowledge in conducting projects(s) and solve problems related to nursing using scientific method.

OBJECTIVES

At the end of the course, the students will:-

- 1. Define the terms and concepts of nursing research
- 2. Identify needs and scope of nursing research
- 3. Identify and define a research problem
- 4. Locate and list sources of literature for a specific study
- 5. Describe different research approaches, methods of data collection and sampling techniques with a special reference to survey method.
- 6. Develop tool for data collection
- 7. Enumerate steps of data analysis and present data summary in tabular form.
- 8. Use descriptive and co-relational statistics in data analysis
- 9. Conduct a group research project.

UNIT	HOURS	Learning	COURSE CONTENT	TEACHING	ASSESSMENT
NO		Objective		LEARNING	
				ACTIVITIES	
I	4	Defines the	A.INTRODUCTION TO	Chalkboard	➤ Assignments
		research	RESEARCH		➤ Unit tests,
		definition	METHODOLOGY	Transparen	Objectives
			* Steps of scientific methods.	cy	> Type
			* Definition of research		
			* Need for nursing research		
			* Characteristics of good research.		
			Research process.		

П	4	Discuss the Definition or research terms and Review of literature.	* Statement of research problem * Statement of purpose and objectives * Definition or research terms * Review of literature.	ChalkboardTransparen cyPower Point	 Assignments Short Answers Objectives Type
III	4	Discuss Research approaches	Research approaches:- historical, survey and experimental	ChalkboardTransparen cyPower	Essay typeShort AnswersObjectives
IV	4	Enlist various Sampling techniques and methods of data collection	Sampling techniques and methods of data collection. * Sampling * Instruments-Questionnarie. Interview * Observation schedule, records, measurements * Reliability and validity or instruments.	Point Chalkboard Transparen cy	TypeAssignmentsObjectivesType
V	4	Explain the Analysis of Data	Analysis of Data: Tabulation * Classification and summarization * Presentation * Interpretation of data	ChalkboardTransparen cyPower PointCharts	 Assignments Unit tests, Essay type Short
VI	4	Discuss the Communic ation of research findings	Communication of research findings * Writing Report: * Organizing materials for writing * Format of the report * Use of computers	ChalkboardTransparen cy	AssignmentsUnit tests,Objectives Type
VII	8	Discuss the Measures of central tendency	B.INTRODUCTION TO STATISTICS * Descriptive Statistics. * Frequency Distribution –Types of measure – frequencies, class	ChalkboardTransparen cy	AssignmentsUnit tests,Essay type

			interval, graphic methods of describing frequency. * Measures of central tendency – Mode, Median and mean. * Measures of variability: Range, standard deviation * Introduction to normal probability.	Power Point Charts	Short AnswersObjectivesType
VIII	4	Discuss Correlation	Correlation * Computation by rank difference methods * Uses of correlation co-efficient	ChalkboardTransparen cy	AssignmentsObjectivesType
IX	4	Discuss Biostatistic s	Biostatistics: Crude rates and standardized rates, ratio and estimation of the trends.	ChalkboardTransparen cyPower Point	AssignmentsUnit tests,Essay type
X	6	Explain the Introduction to computers in nursing	Introduction to computers in nursing * Introduction to computers and disk-operating system. * Introduction to word processing * Introduction to data base * Windows applications, word, excel, power point, multimedia. * Use of statistical packages. * Introduction to internet & use of electronic mail * Computer aided teaching and testing.	ChalkboardTransparen cyPower Point	AssignmentsUnit tests,Essay type

PRACTICUM

Students will conduct research project in small groups in selected areas of nursing and submit a report(Group studies may include studying of existing health practices, improved practices of nursing (procedures) health records, patient records and survey on nursing literature)

References:

- 1. Polit, D.F. & Beck CT, Nursing Research, Principles and Methods, 7th ed. Lippincott Williams & Wilkins, Philadelphia, 2003.
- 2. Polit Dennis and Hunglar B P, Nursing research principles and methods, 6th edition Lippincott, Philadephia, 1999.
- 3. Laura A. Talbot, Principles and practice of nursing research, Mosby St. Louis 1995.
- 4. Dorothy Y B & Marie TH, Fundamentals of research in Nursing, 3rd ed. Jones & Bartlett Publishers, Boston, 2003.
- 5. Rao TB, Methods in Medical Research, 1st ed, Radha Rani Publishers, Guntur AP, 2002.
- 6. Smith, P Research Mindedness for Practice. An interactive approach for nursing and health care, Churchill Livingstone, New York, 1997
- 7. American Psychological Association publication manual. 2001.
- 8. Mahajan Methods in Bio statistics.
- 9. Treece E.W. &Treece JW: Elements of Research in Nursing, 3rd ed The CV Mosby Company St. Louis 1986.

DISTRIBUTION OF TYPE OF QUESTION AND MARKS FOR THE SUBJECT INTRODUCTION TO NURSING RESEARCH AND STATISTICS

Question	Question description	Division of	Total marks
No.		marks	
1.	Total MCQs:- 10	10 x 1	10
2.	Long Answer Questions (LAQ)	2 x 10	20
	(Any 2 out of 3)		
3.	Short Notes (4 out of 6)	4x5	20
	a) b) c) d) e) f)		

Note:

- 1. MCQ: Each MCQ carries 1 mark.
- 2. Long Answer Questions : 3 questions will be given out of which, 2 have to be answered in Nursing Research.
- 3. Short Notes: 6 questions will be given out of which, 4 have to be answered.